**Esh Winning Primary School**

**Physical Education**

**Core Task Long Term Plan 2021/2022**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| EYFS | **Gymnastics**  Making Shapes  **Athletics**  Honey Pot | **Invasion Games**  Ten Point Hoops  **Dance**  Moving Along | **Gymnastics**  Making Shapes  **Invasion Games**  Rolla Ball | **Invasion Games**  Ten-point hoops  **Dance**  Themes and Dreams | **S/F Games**  Beanbag Throw  **Dance**  Moving along | **Athletics**  Honey Pot  **Gymnastics**  Making Shapes |
| Year One | **Gymnastics**  Families of Actions  **Athletics**  Colour Match | **Invasion Games**  Ten Point Hoops  **Dance**  Cat Dance | **Gymnastics**  Balancing Act  **Invasion Games**  Piggy in the Middle | **Net-Wall Games**  Mini Tennis 1  **Gymnastics**  Partner Work | **Athletics**  Furthest five  **Dance**  How does it feel? | **Athletics**  Pass the baton  **S/F Games**  Kick rounders |
| Year Two | **Dance**  Round the clock  **Athletics**  Off up and away | **Invasion Games**  Rolla Ball  **Gymnastics**  Families of actions | **Dance**  Machines  **Invasion Games**  Piggy in the middle | **Net-Wall Games**  Mini tennis 1  **Gymnastics**  Balancing act | **Athletics**  Take aim  **Gymnastics**  Partner work | **Athletics**  Faster, higher, further  **S/F Games**  Kick rounders |
| Year Three | **Dance**  Indian Delight  **Athletics**  Pass the baton | **Invasion Games**  Three touch ball  **Gymnastics**  Balancing Act | **Gymnastics**  Partner work  **Invasion Games**  On the attack | **OAA**  Where are we going?  Shipwrecked  **Dance**  Round the clock | **Athletics**  Furthest Five  **Net-Wall Games**  Target baggers | **Athletics**  Faster, Higher, Further  **S/F Games**  Arc rounders |
| Year Four | **Athletics**  Take aim  **Gymnastics**  Balancing act | **Invasion Games**  Skittles  **Dance**  Machines | **Gymnastics**  Partner work  **Invasion Games**  End zone | **OAA**  Gone fishing  Search and rescue  **Dance**  Indian delight | **Athletics**  Pass the baton  **Net-Wall Games**  Mini tennis 2 | **Athletics**  Faster, Higher, Further  **S/F Games**  Boundary line  Run the loop |
| Year Five | **Dance**  Masquerade  **Athletics**  Fitness | **Invasion Games**  Fives and threes  **Gymnastics**  Acrobatic gymnastics | **Dance**  What’s so funny?  **Invasion Games**  Grid rugby | **Gymnastics**  Group Dynamics  **OAA**  Safely across  Crystal star challenge | **Athletics**  Distance Challenge  **Net-Wall Games**  Long and thin or short and fat | **Athletics**  3 Jump Challenge  **S/F Games**  Zone cricket  Zone rounders |
| Year Six | **Athletics**  Fitness  **Swimming** | **Invasion Games**  Tag rugby | **Gymnastics**  Group dynamics | **Dance**  Machines  Masquerade  What’s so funny | **Net-Wall Games & S/F Games**  What a racket NW  Runners S/F  Pairs Cricket S/F | **Athletics**  3 Jump Challenge  Distance Challenge |