**Esh Winning Primary School**

**Physical Education**

**Core Task Long Term Plan 2021/2022**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| EYFS | **Gymnastics**Making Shapes**Athletics**Honey Pot | **Invasion Games**Ten Point Hoops **Dance**Moving Along | **Gymnastics**Making Shapes**Invasion Games**Rolla Ball | **Invasion Games**Ten-point hoops**Dance**Themes and Dreams | **S/F Games**Beanbag Throw**Dance**Moving along | **Athletics**Honey Pot**Gymnastics**Making Shapes |
| Year One | **Gymnastics**Families of Actions**Athletics**Colour Match | **Invasion Games**Ten Point Hoops**Dance**Cat Dance | **Gymnastics**Balancing Act**Invasion Games**Piggy in the Middle | **Net-Wall Games** Mini Tennis 1**Gymnastics**Partner Work | **Athletics** Furthest five**Dance**How does it feel? | **Athletics**Pass the baton**S/F Games**Kick rounders |
| Year Two | **Dance**Round the clock**Athletics**Off up and away | **Invasion Games**Rolla Ball**Gymnastics**Families of actions | **Dance**Machines **Invasion Games**Piggy in the middle | **Net-Wall Games**Mini tennis 1**Gymnastics**Balancing act | **Athletics** Take aim**Gymnastics**Partner work | **Athletics**Faster, higher, further**S/F Games**Kick rounders |
| Year Three | **Dance**Indian Delight**Athletics**Pass the baton | **Invasion Games**Three touch ball**Gymnastics**Balancing Act | **Gymnastics**Partner work**Invasion Games**On the attack | **OAA**Where are we going?Shipwrecked**Dance**Round the clock | **Athletics**Furthest Five**Net-Wall Games**Target baggers | **Athletics**Faster, Higher, Further**S/F Games**Arc rounders |
| Year Four | **Athletics**Take aim**Gymnastics**Balancing act | **Invasion Games**Skittles**Dance**Machines | **Gymnastics**Partner work**Invasion Games**End zone | **OAA**Gone fishingSearch and rescue**Dance**Indian delight | **Athletics**Pass the baton**Net-Wall Games**Mini tennis 2 | **Athletics**Faster, Higher, Further**S/F Games**Boundary lineRun the loop |
| Year Five | **Dance**Masquerade**Athletics** Fitness | **Invasion Games**Fives and threes**Gymnastics**Acrobatic gymnastics | **Dance**What’s so funny?**Invasion Games**Grid rugby | **Gymnastics**Group Dynamics**OAA**Safely acrossCrystal star challenge | **Athletics**Distance Challenge**Net-Wall Games**Long and thin or short and fat | **Athletics**3 Jump Challenge**S/F Games**Zone cricketZone rounders |
| Year Six | **Athletics**Fitness**Swimming** | **Invasion Games**Tag rugby | **Gymnastics**Group dynamics | **Dance**MachinesMasqueradeWhat’s so funny | **Net-Wall Games & S/F Games**What a racket NWRunners S/FPairs Cricket S/F | **Athletics**3 Jump ChallengeDistance Challenge |